



MHSA – Workforce Education and Training Plan

MENTAL HEALTH CAREER ADVISORS PROGRAM

presents

Career Advancement Counseling

Take advantage of a new, unique opportunity to explore professional goals and take steps towards furthering your career!

DMH & Contractor Employees Only Free of charge*

Eligibility:

- Must be in good standing with current employer; no disciplinary action within the last year.
- Must be in current position for at least 2 years.
- Currently working in <u>non-clinical</u> positions with a Bachelor's degree or less (i.e. Clerical, Admin, Financial Workers, Peer Advocates, Parent Advocates, Family Advocates, etc.) within the County of Los Angeles public mental health system (DMH or contracted mental health agencies in SA 4 & 6).

*All consultation sessions to be taken on your own time outside of your work commitment.

Professional career guidance from USC occupational therapists.

Call 323-442-3340 to set up an appointment.

Frequently Asked Questions

- Who can participate? All employees, contractors, and volunteers in Service Areas 4 & 6 who have been in their current position for at least 2 years. Slots are limited and will be available on a first-come, first-served basis. Employees and volunteers who hold a Master's degree or higher are NOT eligible.
- **What is the cost?** This service is fully funded by the Mental Health Service Act Workforce Education & Training Plan.
- **What will we do?** We will work on identifying your strengths and interests, developing career goals, problem-solving barriers, and creating an action plan.
- Who are we and how will we help you? We are occupational therapists. OTs are health professionals who understand *there is no one size fits all*. We use a unique and holistic approach to guide you towards advancing your career in the direction that best suits you and your needs.
- Where do I get services? Come to one of USC's Occupational Therapy Faculty Practice offices:
 - 2250 Alcazar St., Suite 133, Los Angeles, CA 90089 (University Park Campus)
 - 1031 W. 34th St., Suite 452, Los Angeles, CA 90007 (Health Sciences Campus)

How do I sign up?

Contact Cecily Roberts, OTD 323-442-3340
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